

SPK

"Home of the BEC"

631-661-9115

The Classics

- BEC- Bacon, Egg, Cheese
- HEC- Ham, Egg, Cheese
- SEC- Sausage, Egg, Cheese
- EEK- Eggs, Bacon, Ham, Sausage, Cheese
- The HOB0- Eggs, Cheese, Ham, Hashbrown
- The Hungry Man Hero- 3 Eggs, Bacon, Ham, Sausage, Cheese and Home Fries,

Sandwiches

- Big Al- 3 Eggs, 2 Hashbrowns, 3 Slices of Bacon, and Double Cheese
- Iron Man- 4 Eggs, Turkey Bacon, Swiss on a Hero
- French Toast- With Bacon or Sausage
- The Power Wrap- 5 Egg Whites, Tomato, Spinach and Avocado
- Huevos Caliente Burrito- 3 Eggs, Sausage, Pepper Jack Cheese, Hot Cherry Peppers and Hot Sauce

Long Island Cheesesteak Heros

- The Robert Moses- Grilled Onions, Peppers, Mozzarella, Jack Cheese with Siracha Mayo
- The Jones Beach- Grilled Onions, Banana Peppers and Pepper Jack Cheese
- The Gilgo- Grilled Onions, Peppers, Provolone Cheese, Mayo, Lettuce and Tomato
- The Overlook- Bacon American Cheese and BBQ Sauce
- The Fire Island- Hot Cherry Peppers, Lettuce, Tomato, Onion and Chipotle Dressing

Cold Cuts

- Ham
- Turkey
- Honey Maple
- Roast Beef
- Pastrami
- Chicken Cutlet
- Grilled Chicken
- Genoa Salami
- Pepperoni
- Bologna

Side Plates

- Egg Salad
- Tuna Salad
- Chicken Salad
- B.L.T
- Grilled Cheese
- Grilled Cheese with Bacon and Tomato
- PBJ

Extras

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| Lettuce | Bacon |
| Avocado | Coleslaw |
| Hero | Pickle |
| Tomato | Onion |
| Cheese | |
| Roasted Red Pepper | |

Sides

- Home Fries
- Turkey Bacon
- Eggstra Eggs
- Hashbrown